



The Steeple Bell

of St. Barnabas Parish



May 2008

An Episcopal Community since 1891

Issue #2008-5



Celebrate Spring with Your St. Barnabas Friends Sunday, May 18

Services: 7:45 a.m.; 9:30 a.m. and
5:30 p.m.

Barnabas Time: 11: 00 a.m.
Share your vision with Rev. Paul and the Vestry
for the future of St. Barnabas

Picnic at Noon

TRAFFIC ALERT

Sunday, March 18, at the same time as St. Barnabas' services, Colfax Marathon will be at its peak. The race extends between City Park through Lakewood along Colfax. Expect delays when crossing Colfax at major intersections. Parking may be more difficult that morning. Allow extra time to get to church and park.

Adult Forum, Sunday May 11 Religion and Violence

11:00 a.m., Marshall House
Everyone Welcome



Outreach Committee Funds “Accessible Denver”

St. Barnabas Outreach Committee granted \$1,200 to complete Denver’s first internet **Access Guide for People with Disabilities**. Bill Lundgren, St. B. stalwart, was thrilled that our parish has stepped forward to help provide this valuable service to people with disabilities.

For the past several years Bill has been promoting to business and governmental groups the need to provide people with disabilities and their family members with comprehensive information about Denver’s accessibility options. With the advent of the Democratic National Convention interest in this project began to rise. The City’s Agency for Human Rights and Community Relations (HRCR) quickly granted start-up monies, recommended an outstanding web designer and turning over the project to the Commission for People with Disabilities to implement. The Denver Center for the Performing Arts immediately committed \$1,000 to support this project. Bill was asked to head the project. He works with a committee consisting of representatives of the HRCR and the DCPA and nine persons with disabilities who are developing and advising on the contents of the web site.

The result is a web site called “**Accessible Denver**” which will be imbedded this summer in the City’s web site, Denver.gov, and easily located by Googling Denver Access or other similar word combinations. The web site material will be downloadable and will immediately offer some 600 listings of businesses that serve the disability community, advice to travelers with disabilities who are planning to come to Denver, information on service animal regulations, handicapped parking rules and transportation information. Links to such sites as DIA Access and downtown hotels enhance the site’s usability.

Accessible Denver is also constructed to meet the needs of those who use assisted technologies.

On the web and in print

Because **Accessible Denver** is on the net, notes Bill, the committee’s work will be available worldwide. All hotels, visitors’ centers, key information centers for the Convention, and Denver’s 311 hotline will all be informed of the web site and have ready

its information. Bill’s committee and the host committee for the Democratic Convention is arranging to transfer information from the web site into print. The funding for the hard copies will come from the Host Committee.

Once the web site is built and running, the city technical people, HRCR, and the Accessible Denver Committee will continue to expand and update the information and offerings. The city’s technical department feels that they can handle changes, additions and updating in-house at minimal cost. Bill noted that his committee is already planning on adding information on Winter Park and Eldora ski opportunities for people with disabilities. Says Bill, “We see this web site as a ‘work in progress’ for a long time to come.” The City’s Office of Disability Rights is serving as the banker for any contributions to this project.

A “First” for the Outreach Committee

The Outreach Committee has a long history of funding projects that support different constituencies of the Denver community, but until Bill approached them, never before had they thought of funding a website. Funds for Accessible Denver provide a useful and important service to Denver residents and visitors with disabilities. Bill notes that there is a residual advantage to the city. Surveys show that people with disabilities do travel and would travel more and spend more on travel if they knew that the places they want to visit would be responsive to their needs. Promoting this aspect of the city would benefit everyone.

St. Barnabas on the Web

St. Barnabas will stand beside the City of Denver, HRCR, and the DCPA as sponsors on the web site and in the publicity that will go out announcing the availability of the site on-line. Publicity on the site will go to all attendees of the DNC, disability list serves, tourist and visitors centers, hotels and other hospitality centers.

Thank you, Bill for initiating and bringing the website to completion. And our gratitude and blessings to the Outreach Committee for recognizing the substantial help and information people with disabilities will obtain from a **Denver Access Guide** on the web and in print.

Hurrah for the Souper St. Barnabas People

St. Barnabas

has met its goal to raise \$12, 000 for a water well and pump in a village in Malawi!

Thanks to all of the wonderful St Barnabas friends who donated dollars for soup, the generosity of the Virginia Ervin Fund, the St. Barnabas Outreach Committee, and individual anonymous donors.

Thanks especially to Bobbi Siersma who spearheaded the project and suggested preparing soup in return for donations. Early last fall Bobbi arranged for **Water for People** to make a presentation following 9:30 a.m. services about their efforts to provide water and sanitation facilities in villages in third world countries. As a result, these drought-ridden communities had water to drink, cook, clean, and irrigate crops. The results were dramatic. Children who spent the day collecting water were now able to attend school; water-borne diseases were diminished; and improved crop yields contributed to better nutrition and self-sustainable communities.

The vestry and congregation embraced the project. Committee members of the Virginia Ervin Fund and Outreach Committee selected the project for grants. Individuals chipped in money for food. Even St. Barnabas kids were inspired. The Sunday School children's individual contributions totaled more than \$150—enough to

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purchase a pump handle for the well project. Soup donations from October through April amounted to more than \$8,000.

Bobbi got the project rolling, enlisting volunteers, organizing a Wednesday morning volunteer soup preparation session, selecting recipes and shopping for groceries. Following her accident in December, a group of volunteers assumed responsibility for recipe selection, marketing, and volunteer organization. Volunteers continued weekly through the winter and early spring to prepare two soups weekly, one with and one without meat added.

On April 30, the soup group met for a celebration breakfast and planning meeting. Attending were Sher Mangan, Bobbi Siersma, Carol Anderson, Elizabeth and Timothy Hepp, Toni Potter and daughter Crystal, Lynette Emery, Mary Kelly O'Donnell, Jim Schefe, Jack Unruh, Irene and Burley Shepard and Jody Will. Volunteers Dee Frazier, Rhondda Grant, Lynn and Karen Hoffman and Jan McPhail were unable to attend.

The group decided it would be worthwhile to invite **Water for People** to a Sunday event at the church to present the check and to discuss whether there were other needs to be filled for the Malawi village.

The general consensus was that volunteers should continue to make soup on a weekly basis starting again in September to raise donations for some project that reaches out to the global community. Besides Water for People, suggestions included support for St. George Episcopal Church in Baghdad or aid for the people of Darfur or Zimbabwe. The group concluded that whatever project was selected, it needed to have a specific goal and a defined beginning and end.

Do you have a favorite soup recipe — vegetarian or non-veg? Please send to Carol Anderson at office@stbdenver.org The Soup Group welcomes recipes.

St. Barnabas Spring Cleanup



Above: Rebecca Martin



Photos by Jim Scheffe

Front: Tom Ward with rake. Back: Fred

Thank you to all our volunteer gardeners.



Mike Erickson by Forsythia



Karen Esten raking perimeter

Left to right: Kristen Nordenholz, Alex Martin, Fred Siersma and Tom Ward

Who gets the Credit?

By Jim Schefe

On Saturday, April 19, 2008, fifteen volunteers with rakes, pruners, shovels, trowels, gloved hands and various other tools went to work on the gardens around St. Barnabas. The result was a beautiful yard that is giving joy to our parishioners and neighborhood residents.

Who gets the credit? Among the volunteers were Jack Keables, Mike Erickson, Kristen Nordenholz and her children, Alex and Rebecca, Fred Siersma, Christine Schmidt, Steve Fink, Karen Esten, Helen Barron, Jim Schefe, Becky Blanc and her son, Jacob, and Mitch Mize. A soup (Water for People) lunch, prepared by Irene Shepard, was enjoyed by all.

And let's not forget crediting the people who planned the gardens, did the plantings and maintained them last year and previous years. Thanks to them the discoveries made during the Spring clean-up were wonderful. Thanks to all who participated!

Buildings & Grounds Committee Re-established

Sandy Ortiz has served admirably not only as our outstanding Sexton for several years, but also as a one-person B & G Committee. She developed a manual for building policy and use and established an on-call tradesman program to assure maintenance of our infrastructure.

A Buildings and Grounds Committee has been re-established to coordinate our long term facility planning. As of the end of April, all gutters have been cleaned, and arrangements have been made to replace the collapsed gutter on the north side.

The B & G Committee plans an inventory of moveable assets this summer, assisted by other committees. Items will be photographed, as well as listed. Tom Potter has volunteered to strategize ways to reduce energy. Barbara Farley will assist in figuring out efficient methods to compost waste.

To help preserving our lovely old building and its contents or share ideas about caring for our home, contact Timothy Hepp at 303-320-8329 or thepp1154@comcast.net

* * * * *



We Love You Sean

Sean Middleswart, we love you for stepping up to the plate again this year and offering to mow St. B's lawn and trim the bushes. We appreciate your faithful service. Your reward: stars in your crown in heaven and a tube of SPF 45+ sun block!

* * * * *

Talented Chefs Needed

In a report to the Vestry in April, chairman of the Special Events Committee, Karen Hoffman, noted that this relatively new committee was an outgrowth of the defunct Parish Life Committee. This past year the Committee organized the Pascal Meal, celebration of St. Barnabas Day, a July 4th barbecue, Easter Sunday brunch and other special events such as the Welcome Reception for Paul and Mary Ellen Garrett. The Special Events Committee also cleans the kitchen and provides food at funerals.

Throughout the year, volunteers rotate, assisting when their schedules allow. "We welcome volunteers whenever they can give the time," notes Karen. In addition to the picnic brunch on Sunday, May 18, volunteers are needed to prepare champagne and strawberries for the St. Barnabas Day celebration, Sunday, June 8. If you enjoy food prep and the camaraderie of co-workers in the kitchen, consider offering your services. For more information on the Special Events Committee, contact Karen Hoffman at 303-465-1753 or lynnkarhoffman@earthlink.net

**Free Concert at St. Barnabas
Saturday, May 10, 2008, 6:30 pm**

Ye Wanton Wenches & Ye Wanton Singers
present "Hail-Fellow-Well-Met!"— a concert
of acapella music. All are welcome!

A Warm Heart, A Generous Spirit

By Jane Schmitz

During the Lenten Season, St. Barnabas collected food for Betsy’s Cupboard, an emergency food and supply bank at The Gathering Place. The Gathering Place, a day shelter for women and children who are homeless or living in poverty, helps well over 500 women each month who otherwise might not have not have enough food.

In this sagging economy, it is harder to need never stops. The tub in Lukens is having a difficult time.

In response, we collected food for items at the grocery store. In no time at ioners have a warm heart and generous



keep the food shelves stocked. Sadly, the a reminder that some families in Denver are

Betsy’s Cupboard. St. B’s folks bought extra all, it became clear that St. Barnabas parish-spirit.

During the Lenten season, St. B’s gave significant donations. Although we gave food in all of the categories listed on the web site, the following items were especially well supplied: peanut butter, soup, vegetables, complete meals, tea canned meat and fish. In addition, we also received \$120 in gift certificates. St. B’s people helped keep the cupboard full. **Thank you one and all for your donations! Every donation helped!**

Believe It or Not—You’re A Volunteer!

I have a friend who insists that she never volunteers for anything– she just doesn’t have the time. But when the plates need to be cleared from the table, she’s the first person out of her chair offering help. When a neighbor asks her for a ride to the service station, she never says no. When the mom next store, needs a baby sitter, my friend adjusts her schedule to accommodate the request. My friend is the most volunteering person I know— just like a lot of St. Barnabas people I know.

You’re a volunteer whenever you wear your name-tag , making it easy for others to approach you.

You’re a volunteer whenever you welcome a newcomer before or after services. (And please be sure to give them newcomer brochures and invite them to write down their names and contact information.)

You're a volunteer whenever you put your empty coffee cup in the kitchen or on the tray. You’re a volunteer when you make the effort to become better acquainted with another member of the congregation.

And you can become an officially designated volunteer at St. Barnabas by offering your talents and services to the Newcomer’s Committee. If you enjoy meeting people, this committee has a place for you. Contact Melinda Cabell at 303-355-9500 or mmcabell@earthlink.net.



A Prayer in Spring

By Robert Frost

Oh, give us pleasure in the flowers to-day;
And give us not to think so far away
As the uncertain harvest; keep us here
All simply in the springing of the year.

Oh, give us pleasure in the orchard white,
Like nothing else by day, like ghosts by
night;

And make us happy in the happy bees,
The swarm dilating round the perfect trees.

And make us happy in the darting bird
That suddenly above the bees is heard,
The meteor that thrusts in with needle bill,
And off a blossom in mid air stands still.

For this is love and nothing else is love,
The which it is reserved for God above
To sanctify to what far ends He will,
But which it only needs that we fulfill.



B i r t h d a y s a n d A n n i v e r s a r i e s

- 1 John Bednarek
Winnie Boyle
Meredith Wakelyn
- 2 Kerby Meyers
- 5 Alec Juhan
O.C. O'Connell and Erin Denholm
- 6 Wills & Pat Long
- 7 Anne Douglas
Jakob Trujillo
- 8 Cheryl Volmert
Coupar & Jenn Lester
- 9 Peter Grant
Caleb Gates
Jane Foster
- 10 Ben Reid
Ravel Richardson
- 11 Ken Phillips
- 12 Carter William Burke
Craig Nelson
Elizabeth Ann Smith
- 13 Margaret Brown-Sica
- 15 Mary Erickson
- 18 Jane Pigford
Jennifer Ward
- 20 Christine Schmidt & Steve Fink
Timothy & Elizabeth Hepp
- 21 Elizabeth Garbe
John Lind & Christopher Conroy
- 23 Bea Moore
- 25 Andrew Martin
- 26 Joan Jarboe
- 27 Lois Weber
- 28 Jill Bednarek
- 29 Sue Gallanter
Deborah Spooner
Bob & Grace B. Nelson
- 30 Larry & Anne Douglas



MARK YOUR CALENDAR

Sunday, May 4

Eucharist Services: 7:45 and 9:30 a.m.
11 am Adult Forum
Contemporary Service: 5:30 p.m.

Monday, May 5

Benedictine Way, 6:30 p.m.

Wednesday, May 7

Eucharist followed by Bible Study 10 a.m.

Sunday, May 11

Pentecost Sunday
Eucharist Services: 7:45 and 9:30 a.m.
11 am Adult Forum
Contemporary Service: 5:30 p.m.

Monday, May 12

Benedictine Way, 6:30 p.m.

Wednesday, May 14

Eucharist followed by Bible study

Sunday, May 18

Eucharist Services: 7:45 and 9:30 a.m.
St. Barnabas Time 11:00 a.m.
All Parish Picnic Noon
Contemporary Service: 5:30 p.m.

Monday, May 19

Benedictine Way, 6:30 p.m.

Wednesday, May 21

Eucharist followed by Bible Study, 10 a.m.

Sunday, May 25

Morning Services, 7:45 and 9:30 a.m.
Blood Pressure Checks Following each Service
Contemporary Service, 5:30 p.m.

Monday, May 26— Memorial Day Holiday

Wednesday, May 28

Eucharist followed by Bible Study, 10

To confirm event dates and times, check the monthly calendar posted on the St. Barnabas website.
(www.stbdenver.org) Click on **calendar** on the upper right hand side of the home page.

Summer Fun

Auction Item	Sponsor	Date	Space Available?
Wonders of Worms Workshop	Barbara Farley	5/10/2008	N
Fun With Fencing	Brian Price	5/13/2008	N
Spring Midweek Hike	Karen Esten	5/13/2008	Y
Hike Roxborough State Park	Sher Mangan	5/17/2008	Y
Spring Bird Walk & Brunch	Ed & Judy Trujillo	5/17/2008	N
Photography Field Trip	Jim Esten	5/24/2008	Y
Book Discussion & Dinner	Kristen Nordenholz & Velinda Var-nado	5/30/2008	Y
Easy Urban Bike Ride	Timothy & Elizabeth Hepp & Lynn & Karen Hoffman	5/31/2008	N
Tropical Dinner	Pat & Wills Long	6/6/2008	N
Bike Ride Across Denver	Roger & Barbara Mattison	6/7/2008	Y
Dinner & Discussion	Jana Everett	6/8/2008	N
What Happens after you Flush?	Barbara Farley	6/10/2008	Y
Science of Religion	Jack Unruh	6/12/2008	N
Gin Tasting	Kevin Lindahl & Ben Fiedler	6/14/2008	Y
CC Farmer's Market Walk & Brunch	Kent Hopkins & Ravel Richardson	6/14/2008	N
Book Discussion-"Three Cups of Tea"	Stan Siefer	6/14/2008	N
POYC BBQ	Meredith Wakelyn	6/21/2008	Y
Cheese Bike Ride	Lynn & Karen Hoffman	6/21/2008	Y
Cocktails in the Garden	Janet Manning & Jody Will	6/27/2008	Y
Spiritual Projects	Frank McGovern & Bill Lundgren	7/7/2008	Y
TAPAS Party	Elizabeth & Timothy Hepp, Kevin Lin-dahl, & Karen & Lynn Hoffman	7/12/2008	N
Mt. Arps Hike	Tom Ward & Fred Siersma	7/12/2008	N
Garden party	Sean Middleswart, Jim Matkin, Jan McPhail, & Mary Kelly O'Donnell	7/12/2008	Y
Think Green-Go Green	Roger & Barbara Mattison	7/16/2008	N
Bike Ride in Foothills	Roger & Barbara Mattison	7/19/08	Y
Beer n Brats	Bill & Dee Frazier	7/19/2008	N
Pirate Palooza	Warren & Becky Blanc	7/19/2008	Y
Day at the Races	Lynn & Karen Hoffman	7/20/2008	N

St. Barnabas Episcopal Church

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Weekly Announcements' deadline is the end of the day Tuesday for Sunday publication.

Send information for The Steeple Bell and Announcements to Carol Anderson via fax, email, or snail mail.