

The Steeple Bell

of St. Barnabas Parish



April 2009

An Episcopal Community since 1891

Issue # 2-2009

Drum Roll Please

Email message from Karen Hoffman



Kent Hopkins as
Paddy O'Furniture

Boy do we put on a good Auction or what? Everyone that came into Marshall House on March 14 had glowing compliments about how wonderful Marshall House looked. And it appeared everyone was having fun bidding, conversing, and just having fun.

I just finished re-checking the bid-sheets so everything is in order now (it doesn't appear we have people that don't drink attending bourbon tasting anymore!).

We "made" \$32,297 (that's gross and does not include expenses for the Auction)! The donations for the drinks came to \$487.51, so total amount is \$32,784.51.

We' started collecting on Sundays in March following the auction. We will not collect on Palm or Easter Sundays. We'll wrap up collections on Sunday, April 19. After that, we'll turn the non-payers over to the Finance Committee so they can handle the collection.

Thanks to the Auction Committee for doing such a great job!!! Kent Hopkins, Ravel Richardson; Sean Middleswart, Jim Matkin; Melinda Cabell; Karen and Jim Esten; Heather Gorham; Grace & Bob Nelson ; Elizabeth Hepp & Timothy Hepp; Dee & Bill Frazier; Sher Mangan; volunteers: David Ford, Harald & Marcia Hoegberg, Judy Ward,

Mary Kelly O'Donnell, Becky Bowker and all of the members of the congregation who contributed imaginative and appealing auction items.

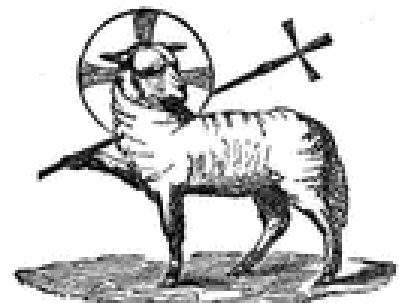
Editor's Note: A very special thanks to Karen Hoffman for orchestrating this wonderful event and providing computer expertise and leadership.



Paschal Dinner, Thursday, April 9

Plan to attend the Paschal Dinner during Holy Week on Thursday, April 9 at 5:30. Parishioners are asked to bring either a side dish or wine to share at their table and St. B's will provide the main course (lamb). Please sign up on the table in Lukens Wing to attend the dinner , and also consider signing up to help set up, cook, serve, and clean up.

The Paschal Lamb, sacrificed at the first Pass-over, is symbolic of Jesus' sacrifice on the cross for us.



Message from John Lind



Father Paul nominated John Lind to be Senior Warden in 2009-2010. Follows is a message from John.

“As I reflect on this Lenten season, I am reminded of the spring season’s re-birth in my life each year. Out of the winter darkness

comes the splendid spring light. Out of Jesus’ death comes abundant life for each one of us. Out of this wonderful gift of life comes a grateful heart.

With all of today’s economic pressures, impacts and uncertainties for each one of us, it is such an important time of staying connected with one another. The

connection within our community at St. B helps me feel the embrace of other’s love and inclusion. It also helps to know that I don’t walk alone in my fears. It would be so easy and tempting to move back into darkness and isolation, but I don’t because I know God is near through each of you. Our St. Barnabas community keeps me hopeful, peace-filled and grateful during these times.

I appreciate and value the inclusivity in our outreach at St. B as we ask for help or lend a helping hand to someone in need. These are the times to hold our faith dear to us, to show our kindness and compassion towards one another and to live with an abundance of love in our hearts. We must always remember we were made in the image of God and that we are each special, valuable, worthy and deserving human beings. We are blessings to one another in our journeys - doing God’s will in treating one another with dignity and respect. Thanks for staying connected and walking this journey with me.”

A Lasting Future at St. Barnabas

Reprinted from Legacy Society publication

I've been attending St. Barnabas for about 27 years. I married at St. John's Cathedral, St. Martin Chapel in 1978. I was attracted to St. B by Sunday afternoon music programs in Lukens Wing; and then one of those miracles of marriage when two people instantaneously agree on something. Upon adopting our son in 1982, we agreed that he should be named Stevan, spelled stevAn, Estevan without the E, out of respect for his Peruvian heritage, and he was baptized at St. B by Gill Dahlberg in May 1983.



St. B, a parish truly guided by the Holy Spirit, has been THE major instrument of my spiritual development. Excellent clergy - Kay Ryan, Ed Ostertag, Ernest Priest, Al Halverstadt, Georgia Humphrey, Deb Angell, Bill Miles, Sandy Boyd, and now Paul Garrett, a man of deep personal faith and spirituality, in his heart, mind and actions. Of course, we must mention their partners, who have added and are adding immensely to the richness of St.

I am especially grateful to the Holy Spirit for having gathered together this unique, inclusive people of St. B. into the Mystical Body of Christ, a source of tremendous love and inspiration.

In a recent sermon, Paul said that love is not a transaction. Well, in that spirit my pledge and my decision to leave a Legacy to St. B are NOT a repayment for anything I have received. My decisions are based on wanting, at least in some small way, to be a part of St. B in the future. Allow me that bit of selfishness. I’m not a rich guy, so I’ve decided to take it out of Steve’s inheritance, through my life insurance policy. There is no special amount, big or small, we have to give. So Steve, still a member of St. B though he lives in Seattle, is going to do the best he can. Incidentally, I have told him about this, and he agrees.

Please consider joining me and a whole bunch of others in being a member of the Legacy Society.



The Mueller family at 2008 garden clean-up.

Say Hello to the Flowers

by Jim Schefe

The Annual Spring Clean-Up of the grounds around St. Barnabas has been scheduled for Saturday, April 4, from 9:00 am to 2:00 pm. That's the day before Palm Sunday, a good time to have everything in shape for Holy Week and the Easter season. Lunch will be served. We have a lot of tools, but don't hesitate to bring from home any of the favorite tools you like to use, especially pruners. A sign-up sheet is in Lukens Wing.

This has been an odd year for flowers and bushes. Flowers can't seem to tell what season it really is. Blooming in early February, some of them are saying good-bye in March, with blizzard conditions and below zero temperatures. We have already tried to match the too-early Spring with targeted pruning, raking and watering, and we have had some victories, some defeats.

Sooooooooo, when you come to church on Sunday, talk to the flowers you do see, thank them for surviving and touch them lovingly. Their brothers, sisters, and cousins around them who are still deciding what to do will know what a loving environment we have, and they will flourish.

A Report on the St. Barnabas Legacy Society Campaign Spring, 2009

by Sue Gallanter and Wills Long, co-chairs

We are very pleased to report that the St. Barnabas Legacy Society has increased by fifteen new members. They are: *Barbara and Roger Mattison, Elizabeth and Timothy Hepp, Harry Chance, Melinda Campbell, Margaret and Rick Garbe, Tina Clark and Karen Burgess, Jim Schefe, Eloise May and Jack Unruh, Jody Will and a parishioner who wishes to remain anonymous.* Many thanks to the steering committee for the 2008 renewal campaign which was reconstituted in spring to include Jill Bednarek, Tina Clark, Steve Fink, Andrew Pasini, Brian Price and Celeste Richardson. Committee members all agreed to serve with a targeted goal of increasing membership in the St. Barnabas Legacy Society. Mission accomplished!

A special mosaic given to St. Barnabas in recognition of our charter membership in the Colorado Episcopal Legacy Society during the launch of this initiative in 2004 hangs in Lukens Wing. It has been updated to include the names of St. Barnabas' charter members and our most recent Legacy Society members listed above. The mosaic was dedicated by Fr. Paul during the March 8th service.

Wills and I are very happy to announce that Mary and Mike Erickson are the new co-chairs of the Legacy Society. They are charter members and have some great ideas and new energy. Under their leadership, Mike and Mary will continue to inform parishioners about deferred giving as a form of stewardship, and will continue to honor those who have become steadfast members of St. B's Legacy Society.

Charter Members of the St. B Legacy Society

Charles Appell
 Susan Bender
 Roberta Blanc
 Phil Brimmer
 Mike and Mary Erickson
 Steve Fink and Christine Schmidt
 John and Jane Foster
 Sue Gallanter
 Bob Goodyear
 Nadine Cochran
 Peter and Rhondda Grant
 Virginia Hesse
 Isabella Higginson
 Georgia Humphrey
 Wills and Pat Long
 Janet Manning
 Janet Nelson
 John and Dee Paddock
 Nancy McLeod Riley
 Fred and Bobbi Siersma
 Carolyn Starbuck
 James Steed
 John and Paula Test
 Larry and Cheryl Volmert
 Cate Wiley



Grateful Greetings from Baghdad

The Clinic at St. George's, Baghdad has sent grateful thanks to the "*St. Barnabas Soup Makers*", who on behalf of St. Barnabas Parishioners has sent another \$ 1500.00 contribution to the clinic.

The Clinic at St. George's Episcopal Church in Baghdad operates under the auspices of the Foundation for Reconciliation in the Middle East. The Foundation reports that "the clinic continues to grow and serve the surrounding community. The main surgery, the dentist surgery and the pharmacy are all running at their maximum capacity.

Patients come from every religious and ethnic background of Iraq's varied population. We are still receiving new Muslim patients every day. We see a minimum of 40 patients a day."

Soup making is an outreach project of the St. Barnabas community. Most weeks, the St. Barnabas Soup Group has prepared a delicious new soup from fresh ingredients. Frozen soup is made available on Sundays, and from the freezer during the week. Parishioners accept soup and make a donation for St. George's Clinic.

Last year the Soup Project supported a well-building project in Malawi.

On behalf of the Clinic at St. Georges', the Foundation letter of gratitude said, "We really value your support, both financially and through prayer. Please continue to pray for us and our work, that through all that we do, God may be glorified. "

For more information, see www.frrme.org



Judy Ward, Finance Committee Chair, provided an extensive, complete and understandable-to-the-layperson report on St. B's financial condition at the annual meeting. Many thanks to Judy and the Finance Committee who labor to keep our church solvent and financially secure. .

Jody Will Elected Junior Warden



Jody is responsible for general operation of the Parish . Almost a day does not go by when Jody isn't at the church solving problems. Jody attends all the vestry meetings and serves on the Finance Committee.

Help Melanie Help the Homeless

Hey Everyone:

I could really use your help with my senior project. The specific focus of my project is on homeless women and children and why they are the fastest growing homeless population. As part of my research I am working three days a week at different shelters throughout the city.

I'm also trying to put together 150 backpacks for homeless children attending an upcoming event at the University of Denver. These backpacks will contain a story book, a new toy, new socks and a few other goodies. While I am working to get donations of these items from corporations, I am going to have to spend a substantial amount of money on my own. My goal is to raise \$3,000 to equip each backpack. Each backpack will cost about \$30 to create.

Backpacks—\$15 dollars

Toys—\$7

Story books —\$5

If you can contribute to my project in any amount, please let me know. Make checks payable to St. Barnabas with "Melanie - Senior Project" in the memo line.

I really appreciate your help. Please call me if you have any questions.

Melanie Lindahl
Denver School of Science and
Technology
melanie.lindahl@gmail.com
303/842-4628

From the Rector



Welcome to Lent! As we journey through Lent toward the culminating moments of Christ's earthly ministry – Good Friday and Easter – it might be good to remind ourselves what this season is all about.

Traditionally Lent has been observed in Christian churches as the period from

Ash Wednesday through to Palm Sunday, in part remembering the forty days Jesus spent in the desert after his baptism by John in the River Jordan. It was a time of solitude, fasting and prayer, in preparation for the beginning of his ministry in Galilee and beyond. It was also a time of temptation, when the allure of worldly power and spiritual glamour assailed a man weakened by hunger, danger and the interior as well as exterior exposure of the desert.

What is Ash Wednesday?

Ash Wednesday is the first day of Lent. By the fourth century the Western church determined that the Lenten period of fasting and renewal should correspond to Christ's forty-day fast (Matt. 4:2), and, by counting forty days back from Easter (excluding Sundays, which remain "feast" days), arrived at the Wednesday seven weeks before Easter. At one time Lent was primarily viewed as a period during which converts prepared for baptism on Easter Sunday, but later the season became a general time of penitence and renewal for all Christians. Thus Ash Wednesday became the day that marked the beginning of the Lenten renewal.

What is Lent?

The death and resurrection of Jesus Christ are at the heart of the Christian gospel, and Good Friday and Easter are two of the most significant celebrations of the Christian year. Lent is a season of preparation and repentance during which we anticipate Good Fri-

The practice of a forty-day preparation period began in the Christian church during the third and fourth centuries. The number *forty* carries biblical significance based on the forty years Israel spent in the wilderness and Jesus' forty-day fast in the wilderness. The forty days of Lent begin on Ash Wednesday and continue through holy week, not counting Sundays (which are reserved for celebratory worship). In practice, many congregations choose to focus Sunday worship on the themes of repentance and renewal.

As a period of preparation, Lent has historically included the instruction of persons for baptism and

profession of faith on Easter Sunday; the calling back of those who have become estranged from the church; and efforts by all Christians to deepen their piety, devotion, and readiness to mark the death and resurrection of their Savior. As such, the primary focus of the season is to explore and deepen a "baptismal spirituality" that centers on our union with Christ rather than to function only as an extended meditation on Christ's suffering and death.



Finally, Lent has always been considered a time when followers of Jesus practice a measure of interior withdrawal and reflection, in which to look with some honesty at the wilderness places in our hearts and lives, to remember and name our own frailties and to hear again the call to conversion, to turning as the lost son did and heading for home (Luke 15:11-31).

Experience Benedictine Way

"We meet the first three Monday evenings of each month beginning at 6:30 for two hours of quiet worship, supper, teaching and prayer," notes Pat Long. All are welcome! See the St. B's web site for more details. This group is ongoing from September through May.

Families in Faith Easter Activities

Family Pot Luck, April 4

Bring your favorite dish to share and come to the annual family potluck on Saturday, April 4, at 5:00 pm. You'll enjoy visiting with parents and assisting our kids create Holy Week and Easter crafts.

Palm Sunday, April 5

On Palm Sunday, children will experience a special Children's liturgy. We will begin upstairs in the Children's Chapel at 9:30 a.m., then children will attend Sunday School and finish with a special children's service. Parents can pick them up after the 9:30 service has ended.

Sunday, April 12, 2009, Easter

St. B's Easter Eucharist at 9:30 a.m. will be followed by a children's egg hunt after the service. Each child will be given an East bag for collecting eggs.

For more info, call Jane Schmitz at 303-388-6469.



SOUP CAMP FOR THE KIDS

Catherine Forington organized a soup camp in December that extended our support for the clinic in Baghdad.



Elizabeth Hepp pours olive oil in advance of showing kids how to sauté vegetables.



We washed our hands first before starting to mix the vegetables.

VOLUNTEER? Who me?

Yes, Family Ministry needs you. There are many ways to help.

Where do we need volunteers? Let me count the ways.

1. To stuff Easter eggs
2. To hide Easter eggs
3. To help with crafts at the Advent or Palm Saturday events
4. To Teach Sunday School
5. To help at Art Camp
6. To help sort the supply closet
7. To sell peaches
8. To make announcements
9. To lead singing in Children's Chapel
10. To help begin a young Youth Group
11. Donate snacks
12. To help plan Families In Faith events
13. To help coordinate Families in Faith events
14. To brainstorm ideas



Chop! Chop!

Irene Shepherd demonstrates That it takes a big stick to stir a big pot.





April is TP month!

The Outreach Committee is sponsoring a drive to collect toilet paper for Family HomeStead clients in April. Bring rolls of toilet paper to church and place them in the blue bin in the narthex. Thanks!

Mark Your Calendar for Spring Bazaar

On May 3, 8:30-noon, the Outreach Committee is hosting our first annual Spring Bazaar! Many of the non-profits that we support, plus a few new ones, will be “selling their wares!” A few of the organizations that will participate are: Gathering Place (cards); Earthlinks (nature items); Women’s Bean Project (soups, etc); Musical Missions of Peace (CD’s & Books). We will also be selling our own frozen, homemade soup – and we may even have an all St. B’s bake sale! Plan to attend this wonderful new spring event to support these groups!

A Prayer in Spring

By Robert Frost

Oh, give us pleasure in the flowers to-day;
And give us not to think so far away
As the uncertain harvest; keep us here
All simply in the springing of the year.

Oh, give us pleasure in the orchard white,
Like nothing else by day, like ghosts by night;
And make us happy in the happy bees,
The swarm dilating round the perfect trees.

And make us happy in the darting bird
That suddenly above the bees is heard,
The meteor that thrusts in with needle bill,
And off a blossom in mid air stands still.

For this is love and nothing else is love,
The which it is reserved for God above
To sanctify to what far ends He will,
But which it only needs that we fulfill

April Birthdays and Anniversaries

- 2 O.C. O’Connell
- 2 David & Lynn Herlinger
- 5 John Lind
- 5 Roger Mattison
- 6 Bill Frazier
- 6 Mike & Mary Erickson
- 7 Kristen Nordenholz
- 8 Gary Bowker
- 8 Bud Hall
- 9 Rich Garbe
- 9 Timothy Hepp
- 12 Peg Bryan
- 16 Samuel Eli Richardson
- 18 Mary Kennedy
- 18 Jen Lester
- 19 Larry Lowe
- 20 Ken Kluch & Leigh Cabell-Kluch
- 22 David Sica
- 23 True Lund
- 23 Terry & Jolene Whitney
- 25 Ethan Gregor
- 25 Kristen Nordenholz & Andrew Martin
- 27 Aidan Farley
- 28 Bennett Clark
- 28 Bob Manning
- 30 Mary & Dennis Kennedy



SAVE THE DATE



Our own Janet Manning is being honored for her decades of service in the community. by CENTUS at its 8th annual Samaritan luncheon on April 30 at 11:30 a.m. at the PPA Events Center, 2105 Decatur Street. CENTUS’ mission is to promote healing and wholeness in mind,

body, spirit and community for individuals, families and organizations. Please join a St. Barnabas table at the luncheon to celebrate with Janet! Contact Pat Long, Sue Gallanter or Jody Will for information and reservations.

HOLY WEEK & EASTER SERVICES

PALM SUNDAY, APRIL 5

Services: 7:45 a.m., 9:30 a.m. (No 5:30 service)

MAUNDY THURSDAY, APRIL 9

Dinner: 5:30 p.m. Service: 7:30 p.m.

GOOD FRIDAY, APRIL 10

7 a.m. and Noon Eucharist Services
Stations of the Cross and Choir Concert: 7:30 p.m.

HOLY SATURDAY, APRIL 11

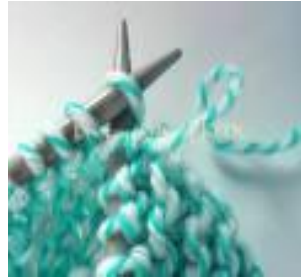
7:30 p.m. Service followed by reception

EASTER, APRIL 12

7:45a.m. and 9:30 a.m. Services
Potluck brunch between Services
Easter egg hunt after 9:30 a.m. Service

KNITTERS WELCOME

A group of St. Barnabas knitters, inspired by Jan McPhail, have started a group to knit or crochet prayer shawls for members and friends of St. Barnabas who are in poor health or going through chemotherapy. The shawls bring comfort and warmth. While making the shawls, the knitter says prayers for the recipient.



When finished Fr. Paul will bless the prayer shawl before the gift is delivered. If you or someone you know would appreciate a prayer shawl or if you would like to join the prayer shawl knitting group, give Jan McPhail a ring at 303-388-3120.



TEAM Metro CareRing is gearing up for the 2009 Post-News Colorado Colfax Marathon on Sunday, May 17, 2009! The race includes a full marathon (26.2 miles), a half-marathon (13.1 miles) and a five-person team relay with individuals legs of 10K, 5K, 10K, 5K and 12K. Walkers and runners alike are welcome!

Not a runner? Pledge a team member by making an online contribution!

For more information, visit www.coloradocolfaxmarathon.org for information on the race or contact Suzi Karrer, TEAM Metro CareRing Race Coordinator, at suzikarrer@msn.com or 303-905-5975.

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Weekly Announcements' deadline is the end of the day Tuesday for Sunday publication
Send information for The Steeple Bell and Announcements to Carol Anderson via fax, email, or snail mail.